MITE

MMS MITE - **M**issions **I**nternship **T**raining & **E**xposure

An opportunity to **GIVE YOUR BEST** to God

The word "**MITE**" may be humble in meaning (dictionary meaning: a small coin or small amount), but it is at the heart of one of the favourite stories in the Gospels – a poor widow who gave just two **MITES** into the temple offering.

It was noticed by Jesus. It was commended by Jesus.

Jesus said she had given more than all the others who put in huge amounts, simply because she had given all that she had, out of her heart.

Luke 21:1-4

Missions Inte

Journey

The MMS **M**issions **I**nternship **T**raining & **E**xposure, or **MITE** programme is designed to send believers to the mission fields for a period of between 1 and 12 months.

One may think that a single person may not be able to do much in such a short time, but we have seen that the work of a short-term missioner can be like the widow's mite. It may not be a lot and may not amount to much, but if we give all we can and serve ***in humility*** and ***in faith***, we can trust God to approve of our effort and do great things with it!

Goal

Through the MMS **MITE** programme, MMS wants to enable believers to **Serve**, **Learn** and **Grow**, and to experience the work and life of a missionary in the field. For some, it will be the perfect opportunity to discern God's specific calling in their lives. We are keen to see God raising missionaries for the harvest fields.

rnship Training

Jesus said that "it is more blessed to give than to receive." Many who have gone on the MMS **MITE** programme feel they have received much more than what they have given.

Opportunities

- You will be directly involved in a cross-cultural setting for the duration of your stay.
- You will grow spiritually, practise discipleship through evangelism and various ministries, learn servanthood, and acquire leadership skills as you assist the missionaries and national workers in the field.
- You will gain experience and insights on what missions entail, and discover what your personal involvement should be.

g & Exposure

Applicants

You should have the following:

- A close relationship with Jesus Christ as Lord.
- A committed member of a local church.
- A desire to share your faith with others.

Ministries

	Cambodia	East Asia	Japan	Laos	Nepal	Thailand	Timor-Leste	Vietnam
Church - Children's, Youth, Women's - Equipping & Training	✓		✓		✓	✓		✓
Education - Teaching in School - Training Teachers & Students	✓		✓	✓		✓	✓	
Outreach - Life Skills Training - Medical, Hygiene, Nutrition	✓	✓	✓	✓	✓	✓	✓	✓
Home & Hostel - Tuition - Arts & Crafts, Music & Dance	✓		✓	✓	✓	✓	✓	✓

Costs *(Estimated for first 30-day stay)*

	Cambodia	East Asia	Japan	Laos	Nepal	Thailand	Timor-Leste	Vietnam
Airfare (1)	S$300 to S$600	S$650 to S$850	S$900 to S$1500	S$600 to S$900	S$900 to S$1500	S$450 to S$600	S$900 to S$1100	S$400 to S$650
Visa (2)	Nil	Nil	Nil	Nil	US$50	Nil	Nil	Nil
Lodging	S$250	S$600	S$1500	S$750	S$600	S$300	S$400	S$800
Food	S$450	S$450	S$750	S$250	S$800	S$300	S$500	S$600
Transport	S$150	S$250	S$750	S$100	S$300	S$300	S$150	S$200

NOTE: (1) *The cost of airfare varies depending on airline, destination, and high/low season.*
(2) *Visas are not required for Singapore passport holders to ASEAN countries.*
Extension of visa after the first 30 days and visa fees vary depending on country.

Testimony

"It may seem unorthodox, or even ludicrous to take a sabbatical from the marketplace in exchange for a short stint in the mission field. I daresay my stint there was worth every dollar that I had given up, if not exceedingly more.

Contrary to the typical mission trips, the MITE programme allows one to experience the work and life of full-time missionaries while assisting the locals with their various ministries. With that broad agenda in mind, I stepped out with no particular checklist in mind as I told God my goal was to serve Him in whichever way He wanted.

Looking back at where God has led me over my time there, I'd never have expected God to have such a wide array of colourful experiences in store for me. One of the biggest takeaways is the unique privilege to play front-row spectator to the inspiring lives of the missionaries. With the opportunity to live with them, I saw how zealously they were working for the Lord."

MITE participant to Cambodia

METHODIST MISSIONS SOCIETY
The Methodist Church in Singapore

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mms.org.sg | mms.org.sg | mmsorgsg

to JOIN

1. Complete the Response Form and send it to Methodist Missions Society.
2. An interview will be arranged to acquaint you with MMS field operations as well as to better understand your plans and intentions.
3. You will need to share your intention and secure a letter of recommendation from your Pastor or Missions Chairperson.
4. If you are below 21 years old, you will need to complete a Parent's Consent Form. This form will be provided to you after the interview.
5. You will be responsible to raise all expenses needed in this programme.

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The harvest is plentiful but the workers are few

Matthew 9:37

You must submit your application **at least three months in advance** before the date of your intended trip.

Upon acceptance, you will have to attend a preparatory programme conducted by MMS before you leave for the field.

RESPONSE form

MMS MITE - Missions Internship Training & Exposure

Name *(Rev/Dr/Mr/Mrs/Ms)*

Sex *M/F* Date of Birth Marital Status

Occupation Church

Address

Postal Code

Contact (M) (O) (H)

Email

I have accepted Jesus into my life: *Yes/No* When?

I am baptised: *Yes/No* When?

I have attended theological studies: *Yes/No* Where?

I have been to mission trips before: *Yes/No* Where & When?

I want to go to this country and ministry where MMS is present:

Please cut along dotted line

Period of availability: From _____ to _____

What led you to consider MITE?

What are your personal objectives?

Do you have any health issue or physical limitation?

Are you interested in any ministry opportunity?

What is your educational background?

What is your work experience?

Other comment:

January 2026

Date of submission _____ Signature _____

Please mail this form to **METHODIST MISSIONS SOCIETY**,
70 Barker Road #06-01 The Methodist Centre S(309936).
For enquiries, call 6478 4818 or email mms@methodist.org.sg.