

## How to Pray for Healing and Deliverance

### Question 1: What do you do when you pray for healing and deliverance?

- I always try and pray together with another believer. This is important for two reasons: 1. This ministry is very tiring – you need support. 2. You should always be training someone.
- Jesus is the Healer and Deliverer – without the power of His Holy Spirit, I cannot heal or deliver anyone. But He has given us His authority and power to heal the sick and deliver those who have been possessed by evil spirits.
- Jesus only did what He saw the Father doing. I try and follow His example. When someone approaches me for help, **I begin by listening carefully to their problem.** I ask questions like: “What would you like the Lord to do for you? How long have you had this problem? What happened to cause the problem?”
- I explain to the person what I am going to do and what I want him to do.
  - I ask his permission to pray for him. I say: “Would you like me to pray for you now?”
  - If he says, “yes” – I say: “We will spend the next 5 to 10 minutes asking the Lord to heal you.
  - Sometimes, we will just wait silently in His presence.
  - We may lay our hands on your head (important note: this is only for prayers of healing and NOT for deliverance – Jesus often touched those that he healed – but He just spoke a word of command when he was delivering people from evil spirits.)
  - You may interrupt me at any time if you do not feel comfortable.
  - From time to time, I will ask you if you feel anything in your body.
  - I am expecting the Lord to speak to us – if any thoughts come into your mind, let me know.
  - Are you ready to begin?”
- Then, **I spend a few quiet moments in prayer** – In the secret of my heart, I bring that person’s problem to the Lord and I ask for His wisdom, His protection – I wait in His presence and ask Him for permission to use His Name to bring healing and deliverance to that person.
- Next, **I pray out loud for exactly what they asked for** earlier – if they were asking for healing for cancer – I pray for healing for cancer. If they felt oppressed by an evil spirit, I pray for deliverance from that evil spirit.
- **I begin by speaking to the Lord.** I say: “Lord Jesus, I know You love \_\_\_\_\_ (I mention the name of the person) – please stretch out Your healing hand and heal her of this cancer.” Or for deliverance, I say: “Lord Jesus, please deliver \_\_\_\_\_ (name) from this evil spirit.”
- **Next I command the disease or the evil spirit to leave in Jesus’ Name.** “In Jesus’ Name” means “on behalf of Jesus” – He is the Lord – I am His servant – Jesus has sent me to restore that person. I say: “In Jesus Name, I command this disease of cancer to leave.” Or for deliverance, I say: “Evil spirit, In Jesus’ Name, I command you to leave this person.”
- I do not close my eyes when I pray – because I want to observe everything that is going on.

- Then, I speak to the person. I say: “\_\_\_\_\_ (name), receive your healing in Jesus’ Name” or deliverance, I say: “\_\_\_\_\_ (name) ask the Lord Jesus to set you free.”
- All this while I try to listen to what the Holy Spirit may want to say to me or the person I am praying for.
- From time to time, I stop and ask, “Do you feel anything?” or “Did the Lord say anything to you?” I also ask my assistant to pray and share any thoughts he may have.

**Question 2: After you pray for them, do you tell them to stop taking medicine?**

- No! After Jesus healed the lepers, He sent them to the priest to check that they were clean. You did not prescribe the medication, you have no authority to remove it. Let the person be examined by the doctor and let the doctor decide to remove the medication.

**Question 3: What do you do if nothing happens when you pray?**

- I offer to return another day for more prayer.
- Most people appreciate people praying for them.
- If they do not want me to return – I leave.
- Never, never say that they were not healed because of some hidden sin or because they lacked faith.

**Question 4: What do you do if the person becomes violent?**

- I ask his family or friends what they do when that happens and allow them to try and restrain him.
- I try to make sure that no one gets hurt.
- I do not get my assistants to hold him – we take a back step and concentrate on prayer - we allow his family and friends to take the lead here.

**Question 5: Do you talk to the evil spirits?**

- Not very much. Our main purpose is to command the evil spirit to leave.
- Do not spend a long time talking to the spirits – Jesus just commanded them to leave!